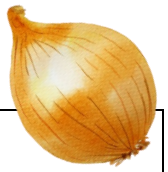




# My Weekly Shopping List

Always check your kitchen supplies to see what you already have on-hand.



Produce	Pantry	Meat
1 Lemon	1 box Barley pearls	1 1/2 to 2 lbs. Beef stew meat
Apples	1 box Spaghetti or Asian noodles	1 Sockeye salmon filet
1 jar Minced garlic	1 box White rice	1 lb. Beef
1 Onion	3 pkgs. Ramen noodles	8 Chicken thighs
1 bunch Green onions	2 cans Hormel® chili with beans	1 pkg. Hot dogs, 8 count
2 lbs. Golden baby potatoes	Soy sauce	8 Pork chops, boneless
2 pkgs. Cole slaw mix	1 lg. box Beef broth	
1 bunch Celery	1 jar Better than Bouillon® beef base	<b>Dairy</b>
1 bag Carrots	2 cans Cream of mushroom soup	
Lettuce	1 sm. Pkg. Almonds, slivered	Eggs
1 pint Cherry tomatoes	Apple cider vinegar	Milk
1-2 Cucumbers	1 pkg. Hot dog buns, 8 count	Butter
1 bunch Rosemary		Cheddar cheese, shredded
1 bunch Thyme		
1 bunch Parsley		
<b>Frozen</b>	<b>Herbs/Spices/Oils</b>	<b>Household</b>
1 lg. pkg. Green beans	Olive oil	
1 pkg. Broccoli	Sesame oil	
1 pkg. Sweet corn	Canola oil	
	Bay leaves	
	1 pkg. Fin and Feathers seasoning	
	Lawry's® seasoned salt	
	Honey	
	Dark brown sugar	
	Sugar	
	Cornstarch	