



My Weekly Shopping List

Always check your kitchen supplies to see what you already have on-hand.

| Produce | Pantry | Meat |
|------------------------|------------------------------------|--|
| Cantaloupe | 1 box White rice | 2 lbs. Boneless skinless chicken breasts |
| Watermelon | 1 box Pasta (any variety) | 1 Boneless skinless chicken breast |
| 1 lg. Lime | 1 - 14 oz. can Tomatoes, diced | 4 lbs. Ground beef, divided (2 lbs. ea.) |
| 1 lg. Orange | 2 cans Tomato soup, condensed | 1 lb. Large Florida pink shrimp |
| 1 Garlic bulb | 1 bottle KC Masterpiece® BBQ sauce | 1 pkg. Bacon |
| 1 med. Onion | 1 bottle Low-sodium soy sauce | 1 lg. (10 lb.) Whole chicken |
| 1 bunch Green onions | 1 bottle Liquid smoke | |
| Potatoes | | |
| Carrots | | Dairy |
| 1 bunch Asparagus | | Eggs |
| 1 med. head Cabbage | | Milk |
| 1 lg. head Cauliflower | | Butter |
| 1 pkg. Arugula leaves | | Heavy whipping cream |
| Brussels sprouts | | 16 oz. Mexican blend cheese, shredded |
| 1 knob Fresh Ginger | | 1 pkg. Cheddar cheese, shredded |
| | | Cheddar cheese, slices |
| | | Feta cheese, crumbled |
| | | Orange juice |
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| | | |
| Frozen | Herbs/Spices/Oils | Household |
| 1 pkg. Tater tots | Olive oil | |
| 1 pkg. Peas | Sesame oil | |
| 1 pkg. Sweet corn | Garlic powder | |
| | Onion powder | |
| | Blackened fish seasoning | |
| | Red pepper flakes | |
| | Sesame seeds | |
| | Lawry's® seasoning salt | |
| | Paprika | |
| | Cayenne pepper | |
| | Dried thyme | |
| | White pepper | |
| | Honey | |
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