



My Weekly Shopping List

Always check your kitchen supplies to see what you already have on-hand.



Produce	Pantry	Meat
1 onion	1 - 25 oz. jar tomato basil pasta sauce	1 lb. boneless, chicken breasts
2 lg. sweet potatoes	1 box penne pasta	2-4 lb. beef roast
1 bag potatoes	1 - 7 oz. jar chipotle peppers in Adobo sauce	2 lbs. cube steak
8 oz. baby bella mushrooms	1 jar green olives	pork chops (1 per person)
1 pkg. baby spinach	1 jar sweet relish	
4-5 red, yellow, green bell peppers	1 can pineapple chunks	
1 bunch celery	1 jar teriyaki glaze	
1 bunch asparagus	1 container beef broth	
Lettuce	mayonnaise	
tomatoes	nacho chips	Dairy
cucumbers	1-2 pkgs. Tortillas	
Lettuce	Ciabatta rolls	eggs
tomatoes	Herbs/Spices/Oils	milk
cucumbers		butter
cucumbers	olive oil	sour cream
grapes	cumin	1 pkg. parmesan cheese, shredded
1 lime	oregano	
	garlic powder	
	onion powder	
	celery seed	
	ground coriander	
	garlic powder	Household
Frozen	dry mustard	
garlic bread	cumin	
1 pkg. frozen corn (or use canned)	ginger	
	smoked paprika	
	1 envelope onion soup mix	
	1 envelope Au Jus gravy mix	
	cornstarch	
	brown sugar	
	Sugar	
	honey	