



# My Meal Plan for the Week

<i>Day</i>	<i>Entrée</i>	<i>Sides</i>
Monday	French Onion Chicken Noodle Casserole	
Tuesday	Seared Pork Chops	Green Beans & Sliced Cucumbers
Wednesday	Crock Pot Split Pea & Ham Soup	
Thursday	Seared Kielbasa Sausages	Crock Pot mac & Cheese
Friday	Plan to Eat Out	
Saturday	Loaded Hasselback Potatoes	
Sunday	Tomato Tarts	Garden Salad

*Notes*

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# My Shopping List

<i>Fruits &amp; Veggies</i>	<i>Packaged</i>	<i>Pantry</i>
Chives	2- 10 oz. Cans Cream of Chicken Soup	Bay Leaves
Garlic	1 - 12 oz. Pkg. No-Yolks Noodles	
Cucumbers	1 Pkg. French Fried Onions	
1-2 Onions	1 Box Chicken Broth	
Carrots	1 lb. Bag of Dried Split Peas	
Lg. Baking Potatoes (1 per person)	1- 8 oz. Elbow Macaroni	
2-3 Bushel Boy Large Tomatoes	1 Can Evaporated Milk	
Lettuce		
<i>Frozen</i>	<i>Meat</i>	<i>Dairy</i>
Green Beans	Rotisserie Chicken	Eggs
	Bone-in Pork Chops (1 per person)	Milk
	Kielbasa Sausage	Butter
	Bacon	Sharp Cheddar Cheese
	Ham Bone (Use leftover if you have it)	French Onion Dip
		Cheddar Cheese, Shredded
		Mozzarella Cheese, Shredded
		Country Crock Simple Recipe Spread
		Sour Cream
		1 Pkg. Pie Crust
		Ricotta Cheese
		Chive Cream Cheese
		Shredded Parmesan Cheese