



My Shopping List

<i>Fruits & Veggies</i>	<i>Packaged</i>	<i>Pantry</i>
2 Lemons	1 Envelope Au Jus Gravy Mix	Olive Oil
Yellow Onion	1 Envelope Onion Soup Mix	Vegetable Oil
1-2 Pints Cherry Tomatoes	1 Lg. Box Beef Broth	Sesame Oil
1 Pint Grape Tomatoes	1 Sm. Jar Capers	Crushed Red Pepper
1-2 Slicing Tomatoes	1 Can Red Kidney Beans	Garlic Powder
1 Sm. Fresh Ginger Root	1 Can Stewed Tomatoes	Chili Powder
1 Garlic Bulb	1 Box Elbow Macaroni	Ground Cumin
1 Bag Potatoes	Corn Bread Mix	Dried Oregano
1 lb. Green Beans (or Frozen)	Soy Sauce	Dried Italian Seasoning
1 Bunch Parsley	White Rice	Brown Sugar
1 Bunch Green Onions	Hamburger Buns	Corn Starch
1 Bunch Fresh Basil		
Corn on the Cob		
Lettuce		
Kalamata Olives (or jarred)		
<i>Frozen</i>	<i>Meat</i>	<i>Dairy</i>
Garlic Bread	2 lbs. Cubed Steak	Eggs
	2- 1 in. Cod Filets	Milk
	2 Chicken Breasts	Butter
	1 lb. Tri-tip Beef (or London Broil)	Heavy Cream
	1 lb. Hamburger	