



My Meal Plan for the Week

<i>Day</i>	<i>Entrée</i>	<i>Sides</i>
Monday	Crock Pot Spiced Peach Pork Chops	Garlic Rosemary Smashed Potatoes
Tuesday	Bacon Wrapped Chicken Cordon Bleu	Old Fashioned Broccoli Casserole
Wednesday	Cheddar BBQ Burgers	Fruit Salad & Instant Pot Corn on the Cob
Thursday	Effortless Chicken Fajitas	Black Bean and Radish Salad
Friday	Plan to Eat Out or Order In	
Saturday	Hot Dog Bar	Dill Pickle Spears and Cole Slaw
Sunday	Crockpot Meatloaf	Mashed Potatoes and Green Beans

Notes





My Shopping List

<i>Fruits & Veggies</i>	<i>Packaged</i>	<i>Pantry</i>
Tomato	1 -15 oz. Can Peach Slices	Olive Oil
Garlic Bulb	1-15 oz. Can Tomato Sauce	Peanut Oil
2.5 lbs. Baby Golden Potatoes	1 Can Cream Mushroom Soup	Dried Rosemary
2 lb. Bag Potatoes	1 Pkg. Herb Stuffing	Dried Thyme
Lettuce	Mayonnaise	Basil & Cumin
Onions	1 Bottle BBQ Sauce	Red Pepper Flakes
Corn on Cob	Tortilla Shells &	Chili Powder
Cole Slaw Mix	Chicken Broth	Onion Powder
Radishes	Salsa	Garlic Salt
Bell Peppers	1-15 oz. Can Black Beans	Lawry's Seasoning Salt
1 Bunch Fresh Rosemary	1 Can Tomato Soup	1 Bottle Liquid Smoke
1 Bunch Fresh Parsley	Hotdog Buns	Soy Sauce
Fresh Cilantro	Dill pickles	Corn Starch
Limes	Italian Bread Crumbs	
Avocado	<i>Meat</i>	<i>Dairy</i>
<i>Frozen</i>	4 to 6 Pork Chops	1 Doz. Eggs
2-16 oz. Pkgs. Broccoli	2 Chicken Breasts	Milk
1- Pkg. Corn	1 lb. Bacon	Butter
1 Pkg. Green Beans	Deli Ham	Swiss Cheese Slices
	4 lbs. Ground Beef	Shredded Cheddar Cheese
	1 Rotisserie Chicken	Sliced Cheddar
	Hot Dogs	Sour Cream